

# MARYELLEN COSTELLO, LPN

Spring Hill, FL

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Email: MaryEllenCostello31@gmail.com

Languages: English & Spanish (Fluent)

Licenses: LPN — Florida, Connecticut, New York (Active, Unrestricted)

Clearance: Public Trust Eligible

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## SUMMARY OF QUALIFICATIONS

Licensed Practical Nurse with 44 years of experience delivering **complex and specialized practical nursing care** across home health, acute care, pediatrics, geriatrics, and high-acuity environments. Extensive background in **telehealth**, including **Clinical Video Telehealth (CVT)**, **remote patient monitoring**, **telephonic triage**, **virtual care assistance**, **secure messaging**, and technology-enabled patient support. Highly skilled in **advanced wound care**, **Wound VAC therapy**, **IV therapy**, **venipuncture**, **ostomy/drain care**, **LVAD support**, **post-acute recovery**, **vital-sign interpretation**, and **medication administration**.

Award-winning clinician and seasoned **preceptor** with a strong record of accuracy in **EMR documentation**, **HEDIS/CMS quality-measure reporting**, **infection control**, **interdisciplinary collaboration**, and **veteran-centered care**. Demonstrates **independent clinical judgment** and critical-thinking abilities consistent with GS-7 VA LPN competencies.

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## CORE CLINICAL COMPETENCIES

### Specialized Practical Nursing

Advanced Wound Care; Wound VAC (Levels I & II); IV Therapy; Venipuncture; Medication Administration; Pain & Symptom Management; Neurological and Physical Assessments; Ostomy and Drain Care; LVAD Support; Chronic-Disease Management; Post-Acute Recovery; Infection Control; Home-Safety Assessments; Veteran-Centered Care

### Telehealth & Virtual Care

Clinical Video Telehealth (CVT); Remote Patient Monitoring; Secure Messaging; Telehealth Triage; Virtual Care Coordination; Telephonic Assessments; Chronic-Disease Coaching; Care-Plan Reinforcement; Telehealth Protocol Compliance; HIPAA-Compliant Communication; EMR Documentation; HEDIS/CMS Quality-Measure Reporting

## Leadership & Collaboration

Precepting; Onboarding & Training; Workflow Efficiency; Interdisciplinary Collaboration; Clinical Communication; Documentation Accuracy; Patient Safety; Independent Nursing Practice

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# KEY ACCOMPLISHMENTS

- Improved continuity of care and reduced urgent-care escalations by performing structured **telehealth assessments**, identifying red-flag symptoms early, and delivering bilingual patient education.
- Enhanced clinical stability for medically complex patients through high-level **wound care**, **Wound VAC management**, and **IV therapy**, improving healing outcomes and reducing infections.
- Strengthened chronic-disease self-management through culturally competent **telehealth coaching**, secure-messaging follow-ups, and tailored care-plan reinforcement.
- Increased HEDIS/CMS data accuracy through meticulous EMR documentation and quality-measure validation.
- Improved nursing team readiness as a **preceptor**, teaching wound care, infection control, documentation standards, and telehealth workflows.

# PROFESSIONAL EXPERIENCE

## Pinnacle Home Health — Field LPN & Preceptor

Tampa, FL | 01/2024 – Present | 40 hrs/week

- Provide **complex nursing care** including advanced wound care, Wound VAC therapy, IV therapy, neurological assessments, injections, and symptom stabilization.
- Conduct **telephonic triage**, remote monitoring, and bilingual patient education following telehealth and chronic-care protocols.
- Precept new LPNs and RNs on documentation standards, infection control, wound management, communication, and telehealth workflows.
- Maintain CMS-, QAPI-, and HIPAA-compliant clinical documentation with high accuracy.
- Support interdisciplinary care coordination and reinforce treatment plans for chronic and post-acute patients.

## MedStar Health – Suburban Maryland Home Health — LPN (Bilingual)

Maryland | 02/2021 – 12/2024 | 40 hrs/week

- Delivered full-scope home-health care including wound care, Wound VAC management, LVAD support, drain/ostomy care, IV therapy, symptom control, and medication administration.
- Performed in-depth physical and neurological assessments and collaborated with RNs and physicians to update care plans.
- Conducted **telehealth follow-ups** to decrease hospital readmissions and reinforce care-plan adherence.
- Served as a **preceptor**, improving clinical competency and workflow integration among new hires.
- Recipient of the **MedStar Home Care Spirit Award (2×)**.

## Kindred at Home — Home Health LPN (Bilingual)

Tampa, FL | 01/2014 – 01/2020 | 40 hrs/week

- Delivered wound care, IV therapy, medication administration, chronic-disease coaching, and symptom monitoring.
- Conducted home-safety evaluations and functional assessments to support rehabilitation and prevent complications.
- Provided bilingual patient and caregiver education to improve adherence and health literacy.
- Completed **telephonic assessments** to monitor recovery and reinforce provider-ordered care plans.

## Inovalon — Clinical Communication Nurse (Telehealth)

Remote/Tampa, FL | 04/2012 – 09/2013 | 40 hrs/week

- Conducted **remote clinical assessments**, symptom triage, and chronic-disease coaching using telehealth protocols.
  - Performed medication reconciliation, identified barriers to adherence, and coordinated pharmacy communication.
  - Collected and validated **HEDIS and CMS quality measures**, ensuring accurate reporting.
  - Documented all encounters in HIPAA-compliant EMR systems and provided bilingual patient education.
  - Supported remote patient monitoring and telehealth workflow optimization.
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## Bon Secours Home Health — LPN (Per Diem)

Tampa & St. Petersburg, FL | 09/2012 – Present

- Deliver wound care, IV therapy, injections, chronic-disease support, and telehealth follow-ups.
- Reinforce treatment plans and monitor recovery progress using telephonic and virtual-care communication.

## **Hillsborough County Department of Aging Services — LPN, Adult Day Health**

Tampa, FL | 01/2012 – 04/2012

- Conducted clinical assessments, monitored participants' health status, supervised CNAs, and documented patient observations.
- Ensured patient safety and infection-control compliance.

## **Laurel Ridge Health Care Center — Charge Nurse (LPN)**

Ridgefield, CT | 08/2005 – 05/2010 | 40 hrs/week

- Supervised CNAs, performed IV therapy, wound care, medication administration, and daily assessments.
- Collaborated with families and physicians to support continuity of care.
- Maintained accurate, compliant clinical documentation.

## **Danbury Hospital Health Systems — LPN, Community Health Center**

Danbury, CT | 03/2006 – 03/2011

- Completed intake assessments, vital signs, vaccines, EKGs, phlebotomy, urinalysis, and pregnancy testing.
- Managed prior authorizations and coordinated pharmacy communication.
- Provided patient education for pediatric and adult populations.

## **Additional Early Clinical Experience**

Gold Coast Home Health Services — LPN (Med–Surg) | 2002–200?

VNA of Miami-Dade — High-Tech LPN | 1989–2002

Baptist Hospital — Scrub Tech, L&D | 1988–1989

Staff Builders — LPN | 1988–1989

Sunrise Community — Pediatric Nurse (ICF/MR) | 1980–1985

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# **CERTIFICATIONS**

IV Therapy Certification

Chemotherapy Certification — University of Miami / Jackson Memorial

Wound VAC Levels I & II

Certified Phlebotomy Technician (#0405018356)

Infection Control Training

HIPAA Compliance Training  
Telehealth Systems & Remote Monitoring Training

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## **AWARDS**

MedStar Home Care Spirit Award — 2×  
Bright Star Award — 2×  
Nurse of the Year — VNA Miami-Dade  
Best Nurse Team — National Publication